

ECR Virtual Relay – Sunday 21<sup>st</sup> June 2020

Runners and Walkers by Distance

553 hours of running by 530 runners. To see the ‘double or quadruple dippers’ please see end of document.

Slot	Runner	Distance	Team
8AM	Phil Martin	11.08	Peterborough and Nene Valley Harriers
6PM	Dominic Watson	10.68	Peterborough and Nene Valley Harriers
1PM	Simon Fell	10.43	Peterborough and Nene Valley Harriers
7AM	Matt Pyatt	10.16	Dereham AC
1PM	Mark Popple	10.07	Stanford Striders
9AM	James McCrae	10	Peterborough and Nene Valley Harriers
11AM	Kirk Brawn	9.98	Peterborough and Nene Valley Harriers
7AM	Toby Hall	9.7	Peterborough and Nene Valley Harriers
4PM	Rimvydas Muduras	9.59	Fenland Running Club
7AM	James Sadlier	9.53	Peterborough and Nene Valley Harriers
6PM	John Pike	9.5	Peterborough and Nene Valley Harriers
7AM	Ryan Jones	9.49	Fenland Running Club
6PM	Ben Jimson	9.49	Fenland Running Club
8AM	Ryan Anderson	9.14	Peterborough and Nene Valley Harriers
5PM	Josh Whie	9.1	Peterborough and Nene Valley Harriers
9AM	Wayne B	9	Eye Community Runners
2PM	Michael Major	8.9	Peterborough and Nene Valley Harriers
2PM	Andy Dennis	8.89	Stanford Striders
NOON	Maggie Skinner	8.88	Peterborough and Nene Valley Harriers
4PM	Darren Maddison	8.8	Yaxley Runners and Joggers
6PM	Darren Wells	8.8	Yaxley Runners and Joggers
NOON	Sam C	8.69	Eye Community Runners
1PM	Richard	8.68	Sawtry Walk to Run
5PM	Elisabeth Sennit Clough	8.63	Peterborough and Nene Valley Harriers
2PM	Sam Barrett	8.53	Stanford Striders
6PM	Kellie Judd	8.51	Riverside Runners
10AM	Tom Wright	8.5	Peterborough and Nene Valley Harriers
4PM	Sarah Caskey	8.5	Peterborough and Nene Valley Harriers
NOON	Mark Alderson	8.5	Stanford Striders
NOON	Graham Milham	8.42	Fenland Running Club
10AM	Ed Fancourt	8.37	Stanford Striders
NOON	Richard Agger	8.33	Fenland Running Club

2PM	Todd Lake	8.31	Dereham AC
8AM	Jacob Drury	8.29	Yaxley Runners and Joggers
9AM	Nigel Seale	8.24	Fenland Running Club
3PM	Kayleigh Draper	8.22	Yaxley Runners and Joggers
NOON	Rod Sinnot	8.19	Fenland Running Club
9AM	Martin Wallis	8.14	Halmer Harriers
6PM	Nigel Seale	8.10	Fenland Running Club
11AM	Ben Stanton	8.1	Riverside Runners
2PM	Stuart Hathaway	8.09	BRJ Run and Tri
6PM	Matthew	8.09	Dereham AC
3PM	Maddy Long	8.09	Peterborough and Nene Valley Harriers
6PM	Paul Ridley	8.05	Riverside Runners
2PM	Daniel A Woodward	8.05	Thorney Running Club
3PM	Tim Clough	8.04	Peterborough and Nene Valley Harriers
7AM	Andy Savage	8.03	Yaxley Runners and Joggers
8AM	Thomas A	8	Eye Community Runners
9AM	Simon Northcott	8	Peterborough and Nene Valley Harriers
4PM	Clare Jenkins	8	Riverside Runners
8AM	Paulus Maukonen	7.99	BRJ Run and Tri
8AM	Wendy Freeman	7.99	Yaxley Runners and Joggers
8AM	Matt Pyatt	7.97	Dereham AC
11AM	Peter Swales	7.96	Dereham AC
3PM	Kelly Maddy	7.94	Thorney Running Club
8AM	Lisa Pyatt	7.87	Dereham AC
10AM	Pags Claudianos	7.86	Riverside Runners
9AM	Emma P-C	7.85	Dereham AC
1PM	Richard Upchurch	7.84	Thorney Running Club
1PM	Steve Knight	7.83	Stanford Striders
6PM	Kelly O'Donoghue	7.81	Werrington Joggers
11AM	Lee W	7.8	Eye Community Runners
7AM	Sarah O	7.8	Eye Community Runners
1PM	Simon Hawkswell	7.78	Yaxley Runners and Joggers
6PM	Fran Carling	7.77	Stanford Striders
5PM	Stephen Riches	7.76	Riverside Runners
8AM	Rob Crockford	7.74	Dereham AC
3PM	Fiona Martin	7.72	Stanford Striders
10AM	Stuart Rose	7.71	Dereham AC
5PM	Paul Griffin	7.71	Fenland Running Club
NOON	Phil Neacy	7.70	Thorney Running Club
8AM	Suzanne Moon	7.69	Stanford Striders
11AM	Claire Piercy	7.69	Yaxley Runners and Joggers

7AM	David Newton	7.68	BRJ Run and Tri
NOON	Richard Lowings	7.65	Werrington Joggers
1PM	Abi Schofield	7.65	Yaxley Runners and Joggers
6PM	Tristan Revell	7.63	Werrington Joggers
2PM	Nicki MacMahon	7.62	BRJ Run and Tri
11AM	Duncan Jackson	7.62	Yaxley Runners and Joggers
4PM	Andy Beveridge	7.60	Fenland Running Club
1PM	Pete Lunt	7.59	Fenland Running Club
3PM	Maija Garkalne	7.59	Halmer Harriers
8AM	Alison Staines	7.59	Peterborough and Nene Valley Harriers
10AM	Paul Mitton	7.58	BRJ Run and Tri
2PM	Tom Richards	7.57	Fenland Running Club
5PM	Nib{2}	7.57	Sawtry Walk to Run
8AM	Stephanie Beavis	7.56	Halmer Harriers
7AM	Mikki Coates	7.56	Rutland Running and Tri Club
10AM	Alex Mitton	7.55	BRJ Run and Tri
9AM	Alison Orrell	7.55	BRJ Run and Tri
2PM	Matt Wright	7.55	Stanford Striders
9AM	Viv Middlebrook	7.54	Stanford Striders
3PM	Mike Halcomb	7.54	Yaxley Runners and Joggers
9AM	Amelia Siddall	7.53	Halmer Harriers
9AM	Ali Cooper	7.53	Riverside Runners
11AM	Laura	7.53	Sawtry Walk to Run
9AM	Helen Joyce	7.53	Yaxley Runners and Joggers
10AM	Graham Edwards	7.52	Stanford Striders
NOON	John Abbey	7.51	BRJ Run and Tri
2PM	Ian Wilson	7.51	BRJ Run and Tri
NOON	Kareana Symonds	7.5	Dereham AC
9AM	Louise Southgate	7.5	Halmer Harriers
9AM	Rodrigo Santos	7.5	Riverside Runners
3PM	Matt Wright	7.5	Stanford Striders
8AM	Sue Harlow	7.5	Yaxley Runners and Joggers
10AM	Nicki Eastwood	7.48	Stanford Striders
11AM	Adrian Hollis	7.47	Dereham AC
3PM	Wayne Bailey	7.47	Riverside Runners
10AM	Joe Bennett	7.45	Yaxley Runners and Joggers
7AM	Philip Staley	7.41	Stanford Striders
7AM	Colin Wright	7.41	Yaxley Runners and Joggers
10AM	Keelan Duffy	7.4	BRJ Run and Tri
7AM	Gavin	7.4	Sawtry Walk to Run
10AM	Abigail Branston	7.4	Yaxley Runners and Joggers

2PM	Nib	7.39	Sawtry Walk to Run
11AM	Claire Jaggard	7.38	Stanford Striders
2PM	Ian Humphries	7.35	Werrington Joggers
4PM	Martin Gordon Kerr	7.32	Rutland Running and Tri Club
1PM	Darryl Coulter	7.31	Peterborough and Nene Valley Harriers
10AM	Craig Losh	7.31	Riverside Runners
6PM	Carry	7.29	Sawtry Walk to Run
3PM	Andi Pateman	7.28	Riverside Runners
NOON	Steven Rix	7.26	Dereham AC
3PM	Joanna Sh	7.25	Eye Community Runners
4PM	Paul Houlden	7.25	Peterborough and Nene Valley Harriers
8AM	Dan	7.25	Sawtry Walk to Run
6PM	Jane Clarke	7.24	Fenland Running Club
2PM	Ade Mills	7.23	Halmer Harriers
9AM	Carol A	7.2	Sawtry Walk to Run
8AM	Jim Grant	7.2	Stanford Striders
4PM	Simon Gilbey	7.2	Werrington Joggers
NOON	Ruth Foster	7.17	BRJ Run and Tri
7AM	Dave Kellaway	7.15	Dereham AC
2PM	David Marr	7.15	Peterborough and Nene Valley Harriers
7AM	Gemma Rose	7.14	Fenland Running Club
3PM	Andrea Gordon-Kerr	7.14	Rutland Running and Tri Club
10AM	Matt T	7.12	Eye Community Runners
2PM	James Ba	7.11	Eye Community Runners
7AM	Simon Eldridge	7.11	Halmer Harriers
7AM	Andy Cowling	7.11	Thorney Running Club
9AM	Neil Anderton	7.1	Dereham AC
10AM	Sam Windebank	7.1	Riverside Runners
8AM	Marcus Brown	7.1	Stanford Striders
3PM	Simon Paton	7.10	Thorney Running Club
11AM	Robert Last	7.09	Dereham AC
6PM	Julia K Jones	7.09	Thorney Running Club
4PM	Nick File	7.09	Yaxley Runners and Joggers
NOON	Harrison Evans	7.07	BRJ Run and Tri
1PM	Jonathan Burton	7.07	Dereham AC
7AM	Annette Newton	7.05	BRJ Run and Tri
8AM	Amy	7.05	Sawtry Walk to Run
8AM	Paul Emery	7.04	Riverside Runners
6PM	Malcolm Fisher	7.03	Dereham AC
10AM	Gemma Toogood	7.03	Yaxley Runners and Joggers
7AM	Jon Rowell	7.02	Fenland Running Club

10AM	Paul Long	7.02	Peterborough and Nene Valley Harriers
2PM	Alice Edwards	7.01	BRJ Run and Tri
1PM	Dean Clarke	7.01	Fenland Running Club
5PM	Claire Viney	7.01	Rutland Running and Tri Club
8AM	Florence	7.01	Sawtry Walk to Run
11AM	Andy S	7	Eye Community Runners
7AM	Phillip Clarke	7.00	Fenland Running Club
7AM	Kristina Basaraba-Lazdina	7	Halmer Harriers
2PM	Edmund Bishanga	7	Riverside Runners
NOON	Rob Smith	7	Yaxley Runners and Joggers
10AM	Katie Arnold	6.99	Stanford Striders
11AM	Nick Harding	6.96	Stanford Striders
4PM	James McCloskey	6.96	Stanford Striders
7AM	Zoe Stroud	6.95	Thorney Running Club
NOON	Craig Tilley	6.94	Stanford Striders
10AM	David	6.92	Sawtry Walk to Run
1PM	Katy Davies	6.91	Riverside Runners
7AM	Stuart Bean	6.91	Stanford Striders
3PM	Jac Richards	6.90	Fenland Running Club
7AM	Alison Escott	6.90	PTeYe
5PM	Joanne Carrington	6.9	Riverside Runners
11AM	Wendette Christian	6.9	Werrington Joggers
NOON	Robert Last	6.89	Dereham AC
1PM	Mike W	6.89	Eye Community Runners
11AM	Gary Reader	6.89	Riverside Runners
7AM	Meg	6.85	Sawtry Walk to Run
9AM	Geoff Howes	6.85	Thorney Running Club
2PM	Pete J	6.84	Eye Community Runners
5PM	John Chapman	6.84	Fenland Running Club
5PM	John Gilligan	6.84	Stanford Striders
9AM	Alan Anthony	6.82	Dereham AC
2PM	Karen Childerley	6.82	Riverside Runners
11AM	Kimberly olivetree	6.8	BRJ Run and Tri
8AM	Clive Best	6.8	BRJ Run and Tri
7AM	Felicity Baillie	6.8	BRJ Run and Tri
2PM	Leah S	6.8	Eye Community Runners
3PM	Neville	6.79	Dereham AC
11AM	Liz Harding	6.78	Stanford Striders
NOON	Anna Rugg	6.77	Stanford Striders
3PM	Stacie Mann	6.76	Fenland Running Club

7AM	Richard Smith	6.76	Yaxley Runners and Joggers
1PM	Nigel Marlow	6.75	Fenland Running Club
10AM	Sean Murphy	6.75	Yaxley Runners and Joggers
11AM	Joe Keegan	6.74	PTeYe
9AM	Paul McCarthy	6.74	Yaxley Runners and Joggers
4PM	Chris Maddy	6.72	Thorney Running Club
2PM	Holly Hearle	6.71	Dereham AC
10AM	Cath Hunt	6.71	Werrington Joggers
NOON	Kay Savage Riley	6.7	Peterborough and Nene Valley Harriers
7AM	Wayne Morris	6.7	Stanford Striders
8AM	Wayne Morris	6.7	Stanford Striders
11AM	Kathryn Hawkswell	6.7	Yaxley Runners and Joggers
2PM	Terry Brunton	6.69	Dereham AC
5PM	Calli Robertson	6.69	Stanford Striders
8AM	Nicky Jennings	6.68	Fenland Running Club
2PM	David Brammer	6.68	Fenland Running Club
10AM	Adrian Searle	6.67	Fenland Running Club
1PM	Andy Hill	6.67	Riverside Runners
1PM	Mark Garner	6.67	Rutland Running and Tri Club
2PM	Cat Duce	6.66	Fenland Running Club
2PM	Paulina Zub	6.66	Fenland Running Club
7AM	Linda	6.66	Sawtry Walk to Run
8AM	Alan Bird	6.65	Fenland Running Club
8AM	Ellen Connolly	6.65	Fenland Running Club
NOON	Beki Richards	6.65	Halmer Harriers
9AM	Kate Armes	6.65	Stanford Striders
7AM	Elaine Montgomery	6.65	Werrington Joggers
11AM	Ian Sharp	6.63	Stanford Striders
6PM	Doreen Spikings	6.63	Stanford Striders
5PM	Claire Ashton	6.62	BRJ Run and Tri
8AM	Jay Gilbert	6.61	Fenland Running Club
4PM	Maire Kay	6.61	Fenland Running Club
NOON	Tony Foster	6.6	BRJ Run and Tri
9AM	Emma R	6.6	Eye Community Runners
5PM	Laura W	6.6	Eye Community Runners
11AM	Henry Moore	6.60	Thorney Running Club
1PM	James C*	6.59	Eye Community Runners
11AM	Anna-M	6.59	Sawtry Walk to Run
4PM	Steve Glencross	6.58	Stanford Striders
11AM	Carly Read	6.57	Fenland Running Club
3PM	Ann Trett	6.57	Fenland Running Club

10AM	Steve Tee	6.55	Rutland Running and Tri Club
9AM	Clare Briggs	6.55	Stanford Striders
6PM	Scott Mathie	6.55	Stanford Striders
7AM	Sam Byers	6.51	Riverside Runners
5PM	Lesley Coles	6.51	Yaxley Runners and Joggers
5PM	Rob Coles	6.51	Yaxley Runners and Joggers
5PM	Ted Coles	6.51	Yaxley Runners and Joggers
7AM	Gill Woodhouse	6.5	Dereham AC
NOON	James C	6.5	Eye Community Runners
5PM	Tim Loutit	6.5	Yaxley Runners and Joggers
6PM	Roslyn Loutit	6.5	Yaxley Runners and Joggers
10AM	Sam W	6.49	Eye Community Runners
11AM	Nikki Loomes	6.48	Rutland Running and Tri Club
11AM	Megan Oram	6.47	Dereham AC
5PM	Saya Harvey	6.47	Rutland Running and Tri Club
8AM	Sarah Sharp	6.45	Stanford Striders
9AM	Mandy Lawson	6.45	Stanford Striders
2PM	Caroline Sefton	6.45	Werrington Joggers
11AM	David Towns	6.45	Yaxley Runners and Joggers
4PM	Mel Wiffin	6.43	BRJ Run and Tri
10AM	Larissa Follen	6.43	Fenland Running Club
6PM	Chris Dowsett	6.42	Riverside Runners
1PM	Tim Baxter	6.41	Halmer Harriers
8AM	Stuart Bean	6.41	Stanford Striders
7AM	Carl G	6.4	Eye Community Runners
NOON	Sue Barrow	6.4	Rutland Running and Tri Club
10AM	Annemarie Ash	6.37	Stanford Striders
10AM	Jane Ash	6.37	Stanford Striders
NOON	Chas Champen	6.36	Werrington Joggers
5PM	Coralie Taylor	6.35	Thorney Running Club
1PM	Saf Zahid	6.35	Yaxley Runners and Joggers
4PM	Michaela Ridley	6.34	Riverside Runners
9AM	Ian King	6.32	Fenland Running Club
8AM	Cheryl Allibone	6.31	Stanford Striders
1PM	Karen Freeman	6.31	Yaxley Runners and Joggers
3PM	Rachael Nichols	6.30	Fenland Running Club
7AM	Jen Richardson	6.3	Stanford Striders
10AM	Eamonn Dorling	6.30	Thorney Running Club
11AM	Tracy Moore	6.30	Thorney Running Club
4PM	Finlay Nelson	6.3	Werrington Joggers
11AM	Sue Ray	6.28	BRJ Run and Tri

8AM	Anna Rugg	6.27	Stanford Striders
NOON	Ian Powell	6.26	Stanford Striders
10AM	Sharon Thomas	6.26	Werrington Joggers
8AM	Ben Jackson	6.26	Yaxley Runners and Joggers
3PM	Cathy T	6.25	Eye Community Runners
8AM	Joanne Shore	6.23	Rutland Running and Tri Club
6PM	Kirstin Homewood	6.23	Yaxley Runners and Joggers
NOON	Melissa Milham	6.22	Fenland Running Club
9AM	Ken	6.22	Sawtry Walk to Run
9AM	Julia Thomas	6.22	Stanford Striders
4PM	Olly Pearson	6.2	Dereham AC
6PM	Charlotte R	6.2	Eye Community Runners
8AM	Marie Sampson	6.2	Halmer Harriers
2PM	Lavena	6.2	Sawtry Walk to Run
NOON	Emma Gower	6.2	Stanford Striders
10AM	Richard Ard	6.2	Yaxley Runners and Joggers
5PM	Olga Bar	6.2	Yaxley Runners and Joggers
1PM	Diane Hufford	6.19	Riverside Runners
10AM	Gaynor Morris	6.19	Stanford Striders
7AM	Annette Gudgeon	6.18	Halmer Harriers
10AM	Sara Branch	6.18	Stanford Striders
4PM	Juliet Aungier	6.17	BRJ Run and Tri
9AM	Rose Reid	6.17	Rutland Running and Tri Club
5PM	Heather Revell	6.17	Werrington Joggers
1PM	Mark Preston	6.16	Dereham AC
6PM	Craig S	6.15	Eye Community Runners
6PM	Jacque Wood	6.14	Dereham AC
8AM	Jo Rockliff	6.14	Rutland Running and Tri Club
4PM	Sara Penketh	6.13	Werrington Joggers
7AM	Sam Doughty	6.12	Werrington Joggers
3PM	Emma Figures	6.1	BRJ Run and Tri
10AM	Rich Stevens	6.1	BRJ Run and Tri
8AM	Dave R	6.1	Eye Community Runners
6PM	Linda McInerney	6.08	Rutland Running and Tri Club
2PM	Sharon Carr	6.06	Rutland Running and Tri Club
4PM	Rob	6.06	Sawtry Walk to Run
7AM	Bret Allibone	6.06	Stanford Striders
4PM	Terri Read	6.05	Dereham AC
NOON	Helen Duncan	6.05	Rutland Running and Tri Club
3PM	Claire Cook	6.05	Werrington Joggers
7AM	Norma Leckie	6.04	Riverside Runners



11AM	Karen Roper	6.04	Riverside Runners
9AM	Ros Hamlyn	6.03	Werrington Joggers
1PM	Jane Thomas	6.02	BRJ Run and Tri
11AM	Tony Foice-Beard	6.02	Fenland Running Club
NOON	Kayla Neacy	6.02	Thorney Running Club
1PM	Joanna Neal	6.01	Halmer Harriers
10AM	Andy Potter	6.01	Stanford Striders
11AM	Jane Greenwood	6.00	Fenland Running Club
3PM	Alison Wright	6	Riverside Runners
4PM	Claire Reece	6	Riverside Runners
8AM	Ian Davies	6.00	Thorney Running Club
8AM	Nathalie Palmer	6.00	Thorney Running Club
8AM	Jean Maggs	6	Yaxley Runners and Joggers
5PM	Becca Holbrook	5.98	Riverside Runners
6PM	Linsey Broster	5.97	Dereham AC
6PM	Clare Bickerstaff	5.97	Fenland Running Club
NOON	Ann Ellmers	5.97	Riverside Runners
1PM	Helen Upchurch	5.96	Thorney Running Club
9AM	Louise Jinks	5.96	Werrington Joggers
7AM	Sara McWhan	5.93	Rutland Running and Tri Club
3PM	Kat Heath	5.9	BRJ Run and Tri
2PM	Ed Nightingale	5.9	Yaxley Runners and Joggers
8AM	Anna Best	5.89	BRJ Run and Tri
1PM	Barrie Cull	5.89	Yaxley Runners and Joggers
7AM	Sarah Sharp	5.87	Stanford Striders
7AM	Helena Potgieter	5.86	Yaxley Runners and Joggers
7AM	Anna Rugg	5.84	Stanford Striders
NOON	Jayne Stringer	5.84	Yaxley Runners and Joggers
5PM	Rae Maynard	5.83	BRJ Run and Tri
1PM	Helen Duncan	5.83	Rutland Running and Tri Club
6PM	Maria Goulding	5.82	Rutland Running and Tri Club
4PM	Isla Pearson	5.8	Dereham AC
7AM	Helen Schofield	5.8	Stanford Striders
7AM	Helen Gregory	5.8	Stanford Striders
8AM	Margaret H	5.77	Eye Community Runners
10AM	Susan Burgess	5.76	Thorney Running Club
7AM	Jo C	5.75	Sawtry Walk to Run
1PM	Rod McDonald	5.75	Werrington Joggers
2PM	Ian Vallance	5.75	Yaxley Runners and Joggers
10AM	Karen L	5.74	Eye Community Runners
5PM	Alistair Follen	5.74	Fenland Running Club

10AM	Gemma Read	5.72	Fenland Running Club
NOON	Jo Baron	5.72	Yaxley Runners and Joggers
10AM	Judy Seale	5.71	Fenland Running Club
NOON	Sonia Kendal	5.71	Stanford Striders
9AM	Sarah Lake	5.7	Dereham AC
10AM	Samantha Lake	5.7	Rutland Running and Tri Club
8AM	Anne Coles	5.7	Yaxley Runners and Joggers
9AM	Charlotte Sortwell	5.7	Yaxley Runners and Joggers
9AM	Hilary Marshall	5.7	Yaxley Runners and Joggers
9AM	Caroline Garner	5.67	Werrington Joggers
6PM	Lisa Gill	5.66	Halmer Harriers
1PM	David Thomas	5.65	BRJ Run and Tri
5PM	Philip Websdale	5.65	Dereham AC
11AM	Carol Riley	5.65	Yaxley Runners and Joggers
4PM	Sarah Reeves	5.64	Rutland Running and Tri Club
6PM	Mel France	5.64	Thorney Running Club
7AM	Sharon Bird	5.63	Fenland Running Club
3PM	Sarah Wynne	5.63	Werrington Joggers
5PM	Terri Read	5.62	Dereham AC
NOON	Steve Tucker	5.62	Halmer Harriers
1PM	Louis Preston	5.6	Dereham AC
11AM	Fiona Chance	5.6	Peterborough and Nene Valley Harriers
7AM	Amanda Britton	5.6	Yaxley Runners and Joggers
7AM	Amy Maxwell	5.6	Yaxley Runners and Joggers
4PM	Michaela P	5.56	Eye Community Runners
8AM	Helen Schofield	5.55	Stanford Striders
NOON	Linda T	5.53	Eye Community Runners
10AM	Sam Hall	5.52	Halmer Harriers
8AM	Charlie	5.51	Sawtry Walk to Run
10AM	Sarah Wells	5.51	Stanford Striders
4PM	Sarah Marshall	5.51	Thorney Running Club
3PM	Michelle Casperz	5.5	BRJ Run and Tri
8AM	Helen Gregory	5.5	Stanford Striders
8AM	Hazel Cason	5.47	Dereham AC
4PM	Emily Hawke	5.47	Yaxley Runners and Joggers
4PM	Steve Joy	5.47	Yaxley Runners and Joggers
11AM	Emma Wiles	5.46	Werrington Joggers
10AM	Natisha Ramsbottom	5.43	Dereham AC
10AM	Wayne Ramsbottom	5.42	Dereham AC
8AM	Emily Hawke	5.41	Yaxley Runners and Joggers
10AM	Julie Thorold	5.4	Halmer Harriers

5PM	Andy Ellams	5.39	BRJ Run and Tri
5PM	Vanessa Hardy	5.39	PTeYe
5PM	Rachel K Jones	5.38	Thorney Running Club
10AM	Karen Wallis	5.36	Halmer Harriers
2PM	Paul Rogerson	5.36	Rutland Running and Tri Club
6PM	Mark Johnstone	5.36	Stanford Striders
4PM	Chris Ro	5.34	Eye Community Runners
4PM	Gary P	5.32	Eye Community Runners
11AM	Sophie Etheridge	5.31	BRJ Run and Tri
11AM	Lucy Hicks	5.31	Fenland Running Club
2PM	Elizabeth Chamberlain	5.31	Riverside Runners
9AM	Raeanne Elliott	5.3	Yaxley Runners and Joggers
2PM	Hugh Burton	5.29	Yaxley Runners and Joggers
5PM	Dawn Allen	5.28	Halmer Harriers
5PM	Di Lettice	5.28	Halmer Harriers
5PM	Vanessa Smithson	5.28	Halmer Harriers
8AM	Sammi Ansell	5.28	Riverside Runners
11AM	Jez Bottley	5.25	BRJ Run and Tri
9AM	Denise Griffin	5.25	Fenland Running Club
7AM	Debbie Montague	5.25	Werrington Joggers
7AM	Caroline G	5.24	Eye Community Runners
7AM	Viv	5.24	Sawtry Walk to Run
3PM	Joanna Smith	5.23	Rutland Running and Tri Club
1PM	Tim Cook	5.21	Werrington Joggers
9AM	Stuart Ainsworth	5.2	BRJ Run and Tri
3PM	Ness Brown	5.2	Dereham AC
9AM	Lesley F	5.2	Eye Community Runners
10AM	Sarah S	5.2	Eye Community Runners
9AM	Laura Jones	5.2	Rutland Running and Tri Club
7AM	Joy	5.18	Sawtry Walk to Run
9AM	Lorraine	5.18	Sawtry Walk to Run
1PM	Tash N	5.17	Eye Community Runners
9AM	Pete Southgate	5.17	Halmer Harriers
9AM	Caroline	5.16	Sawtry Walk to Run
1PM	Anna Rugg	5.15	Stanford Striders
6PM	John Abbey	5.14	BRJ Run and Tri
4PM	Hazel Cason	5.13	Dereham AC
4PM	Gilly Anderson	5.13	Fenland Running Club
1PM	Carole Preston	5.11	Dereham AC
1PM	Lee	5.1	Sawtry Walk to Run

1PM	Mick	5.1	Sawtry Walk to Run
5PM	Sharon Somers	5.1	Werrington Joggers
10AM	Deborah Cook	5.1	Yaxley Runners and Joggers
9AM	Jo Clarke	5.09	Fenland Running Club
11AM	Hannah Tee	5.08	Rutland Running and Tri Club
6PM	Matt	5.06	Eye Community Runners
9AM	Kim	5.06	Sawtry Walk to Run
2PM	Holly Reynolds	5.05	Halmer Harriers
11AM	Simon L	5.04	Eye Community Runners
11AM	Sarah Rippon	5.04	Fenland Running Club
9AM	Alex C	5.03	Sawtry Walk to Run
10AM	Carol Bowett	5.02	Fenland Running Club
7AM	Verity	5.02	Sawtry Walk to Run
5PM	Phil Wakefield	5.01	Dereham AC
5PM	Sarah Wakefield	5.01	Dereham AC
9AM	Barbara Narey	5.01	Stanford Striders
7AM	Diane C	5	Eye Community Runners
8AM	Diane C	5	Eye Community Runners
11AM	Lesley Dolan	5.00	Fenland Running Club
3PM	Tara [2]	5	Sawtry Walk to Run
9AM	Debra Stevens	5	Stanford Striders
9AM	Jenny Marples	5	Stanford Striders
2PM	Claire Sibley	5.00	Thorney Running Club
9AM	Jo Dawkins	5	Yaxley Runners and Joggers
10AM	Dawn Friend	5	Yaxley Runners and Joggers
2PM	Sarah Hazeltine	5	Yaxley Runners and Joggers
5PM	Jane Ainscow	4.99	BRJ Run and Tri
3PM	Natisha Ramsbottom	4.97	Dereham AC
3PM	Wayne Ramsbottom	4.95	Dereham AC
NOON	Tara	4.92	Sawtry Walk to Run
NOON	Yazzie	4.89	Sawtry Walk to Run
9AM	Heather Pateman	4.88	Riverside Runners
7AM	Antia Blackburn	4.87	Halmer Harriers
8AM	Denise Fassler	4.85	Werrington Joggers
1PM	Nona	4.84	Sawtry Walk to Run
9AM	Sindy Wheatley	4.82	Thorney Running Club
8AM	Carol Cook	4.82	Werrington Joggers
10AM	Helen	4.72	Sawtry Walk to Run
6PM	Sian	4.71	Sawtry Walk to Run
4PM	Alice Noyes	4.7	BRJ Run and Tri
8AM	Christine Bridges	4.7	Halmer Harriers

10AM	Liz Kirby	4.66	PTeYe
10AM	Karen	4.65	Sawtry Walk to Run
11AM	Fiona Thomas	4.63	Halmer Harriers
11AM	Jenny Van Gemeren	4.63	Halmer Harriers
11AM	Katie Baxter	4.63	Halmer Harriers
NOON	Pip Shoobert	4.63	Riverside Runners
10AM	Sam Lingwood	4.6	Dereham AC
9AM	Cara	4.6	Sawtry Walk to Run
8AM	Carolyn Tuley	4.59	Halmer Harriers
NOON	Sian Powell	4.59	Stanford Striders
5PM	Michelle G	4.58	Eye Community Runners
3PM	Mandy Powell	4.58	PTeYe
9AM	Louise	4.57	Sawtry Walk to Run
4PM	Sue Tucker-Reynolds	4.56	Halmer Harriers
11AM	Hayley Frake	4.51	Stanford Striders
11AM	Katrina Tomlinson	4.51	Stanford Striders
11AM	Emma Regis	4.51	Stanford Striders
9AM	Claire Few	4.5	BRJ Run and Tri
9AM	Kate Ruddock	4.5	BRJ Run and Tri
8AM	Tara Berry	4.44	Riverside Runners
7AM	Frances	4.44	Sawtry Walk to Run
6PM	Andrew S	4.41	Eye Community Runners
6PM	Katie S	4.41	Eye Community Runners
7AM	Sam Ahern	4.4	BRJ Run and Tri
7AM	Mandie Thorpe	4.4	Dereham AC
8AM	Sally Smith	4.40	PTeYe
6PM	Mel Gearing	4.39	BRJ Run and Tri
6PM	Sarah Taylor-Hall	4.39	BRJ Run and Tri
NOON	Andy Kendal	4.29	Stanford Striders
9AM	Marlena K	4.2	Eye Community Runners
NOON	Sylvie Murthwaite	4.20	PTeYe
4PM	Tom	4.12	Eye Community Runners
5PM	Penny R	4.1	Eye Community Runners
2PM	Tracy M	4.04	Eye Community Runners
1PM	Nigel W	4.02	Eye Community Runners
8AM	Carol B	3.92	Sawtry Walk to Run
8AM	Gill	3.92	Sawtry Walk to Run
8AM	Jean	3.92	Sawtry Walk to Run
8AM	Jo B	3.92	Sawtry Walk to Run
8AM	Nic	3.92	Sawtry Walk to Run
9AM	Shell Smith	3.91	PTeYe

5PM	Mandy Coleman	3.87	Fenland Running Club
8AM	Katherine Turner	3.87	Werrington Joggers
2PM	Tina Kellaway	3.83	Dereham AC
9AM	Chris Ri and Sid	3.8	Eye Community Runners
1PM	Rachel Hodge	3.75	BRJ Run and Tri
NOON	Violeta Farrell	3.75	Riverside Runners
10AM	Louise Clarkson	3.72	Halmer Harriers
6PM	Felicity Baillie	3.7	BRJ Run and Tri
3PM	Gordon P	3.7	Eye Community Runners
3PM	Hannah B	3.7	Eye Community Runners
4PM	Jo Jacklin	3.59	Halmer Harriers
9AM	Sonya Lawrence	3.5	Halmer Harriers
5PM	Denisa F	3.33	Eye Community Runners
3PM	Bex Pearce	3.27	Halmer Harriers
6PM	Squirrel	3.18	Sawtry Walk to Run
6PM	Brian	3.14	Sawtry Walk to Run
1PM	Erin Lee	3.10	PTeYe
6PM	Alex S	3.1	Sawtry Walk to Run
6PM	Liz	3.1	Sawtry Walk to Run
1PM	Sarah Gauvin	3.04	Fenland Running Club
6PM	Jackie	3	Sawtry Walk to Run
2PM	Anne-Marie Hemmings	2.99	PTeYe
11AM	Pam W	2.94	Eye Community Runners
7AM	Louise Turner	2.92	Riverside Runners
10AM	Kevin	2.86	Sawtry Walk to Run
NOON	Mandie Thorpe	2.85	Dereham AC
NOON	Gill B	2.8	Eye Community Runners
6PM	Yvonne Goodsell	2.54	PTeYe
8AM	Bryony Smith*	2.5	BRJ Run and Tri
4PM	Helen Milbank	2.50	PTeYe
1PM	Jacqui Moore	2	BRJ Run and Tri

#### Double Dippers!

Slot	Runner	Distance	Team
NOON	Anna Rugg	6.77	Stanford Striders
8AM	Anna Rugg	6.27	Stanford Striders
7AM	Anna Rugg	5.84	Stanford Striders

1PM	Anna Rugg	5.15	Stanford Striders
7AM	Diane Constable	5	Eye Community Runners
8AM	Diane Constable	5	Eye Community Runners
4PM	Emily Hawke	5.47	Yaxley Runners and Joggers
8AM	Emily Hawke	5.41	Yaxley Runners and Joggers
7AM	Felicity Baillie	6.8	BRJ Run and Tri
6PM	Felicity Baillie	3.7	BRJ Run and Tri
8AM	Hazel Cason	5.47	Dereham AC
4PM	Hazel Cason	5.13	Dereham AC
NOON	Helen Duncan	6.05	Rutland Running and Tri Club
1PM	Helen Duncan	5.83	Rutland Running and Tri Club
7AM	Helen Gregory	5.8	Stanford Striders
8AM	Helen Gregory	5.5	Stanford Striders
7AM	Helen Schofield	5.8	Stanford Striders
8AM	Helen Schofield	5.55	Stanford Striders
NOON	James Constable	6.5	Eye Community Runners
1PM	James Constable	6.59	Eye Community Runners
NOON	John Abbey	7.51	BRJ Run and Tri
6PM	John Abbey	5.14	BRJ Run and Tri
7AM	Mandie Thorpe	4.4	Dereham AC
NOON	Mandie Thorpe	2.85	Dereham AC
7AM	Matt Pyatt	10.16	Dereham AC
8AM	Matt Pyatt	7.97	Dereham AC
2PM	Matt Wright	7.55	Stanford Striders
3PM	Matt Wright	7.5	Stanford Striders
10AM	Natisha Ramsbottom	5.43	Dereham AC
3PM	Natisha Ramsbottom	4.97	Dereham AC
9AM	Nigel Seale	8.24	Fenland Running Club
6PM	Nigel Seale	8.10	Fenland Running Club
11AM	Robert Last	7.09	Dereham AC
NOON	Robert Last	6.89	Dereham AC
8AM	Sarah Sharp	6.45	Stanford Striders
7AM	Sarah Sharp	5.87	Stanford Striders
7AM	Stuart Bean	6.91	Stanford Striders
8AM	Stuart Bean	6.41	Stanford Striders
4PM	Terri Read	6.05	Dereham AC
5PM	Terri Read	5.62	Dereham AC
7AM	Wayne Morris	6.7	Stanford Striders
8AM	Wayne Morris	6.7	Stanford Striders

10AM	Wayne Ramsbottom	5.42	Dereham AC
3PM	Wayne Ramsbottom	4.95	Dereham AC