

ECR Virtual Relay – Sunday 21<sup>st</sup> June 2020

Team: Dereham AC

Slot	Runner	Distance
7AM	Matt Pyatt	10.16
7AM	Mandie Thorpe	4.4
7AM	Dave Kellaway	7.15
7AM	Gill Woodhouse	6.5
8AM	Matt Pyatt	7.97
8AM	Lisa Pyatt	7.87
8AM	Rob Crockford	7.74
8AM	Hazel Cason	5.47
9AM	Sarah Lake	5.7
9AM	Alan Anthony	6.82
9AM	Neil Anderton	7.1
9AM	Emma P-C	7.85
10AM	Stuart Rose	7.71
10AM	Natisha Ramsbottom	5.43
10AM	Wayne Ramsbottom	5.42
10AM	Sam Lingwood	4.6
11AM	Megan Oram	6.47
11AM	Adrian Hollis	7.47
11AM	Peter Swales	7.96
11AM	Robert Last	7.09
NOON	Steven Rix	7.26
NOON	Mandie Thorpe	2.85
NOON	Kareana Symonds	7.5
NOON	Robert Last	6.89
1PM	Carole Preston	5.11
1PM	Mark Preston	6.16
1PM	Louis Preston	5.6
1PM	Jonathan Burton	7.07
2PM	Terry Brunton	6.69
2PM	Holly Hearle	6.71
2PM	Todd Lake	8.31
2PM	Tina Kellaway	3.83
3PM	Neville	6.79
3PM	Natisha Ramsbottom	4.97
3PM	Wayne Ramsbottom	4.95
3PM	Ness Brown	5.2
4PM	Olly Pearson	6.2

4PM	Terri Read	6.05
4PM	Isla Pearson	5.8
4PM	Hazel Cason	5.13
5PM	Phil Wakefield	5.01
5PM	Terri Read	5.62
5PM	Sarah Wakefield	5.01
5PM	Philip Websdale	5.65
6PM	Malcolm Fisher	7.03
6PM	Matthew	8.09
6PM	Jacquie Wood	6.14
6PM	Linsey Broster	5.97