

**Deeping 10k - 19th May 2019 - Provisional Results**

<b>Position</b>	<b>Time</b>	<b>Number</b>	<b>Name</b>		<b>Club</b>	<b>Sex</b>	<b>Category</b>
1	00:33:50	171	Steve	Robinson	Helpston Harriers	M	M
2	00:34:18	167	Phil	Martin	Helpston Harriers	M	M
3	00:34:30	26	Michael	Moore	Helpston Harriers	M	MV
4	00:36:56	156	Jim	Morris	Helpston Harriers	M	MV
5	00:36:57	80	Jeff	Lucas	Werrington Joggers	M	MV
6	00:37:09	33	Miguel	Cann	u/a	M	MV
7	00:37:58	168	Daniel	Snipe	Yaxley R&J	M	M
8	00:38:12	203	James	Borrett	Eye CR	M	MV
9	00:38:41	27	Tony	Johnson	Grantham RC	M	MV
10	00:39:31	59	Mark	Allum	Vegan Runners UK	M	MV
11	00:39:51	108	Wayne	Bradley	Eye CR	M	MV
12	00:39:57	94	Tom	Comben	Bourne Town Harriers	M	MV
13	00:40:01	87	Martin	Magowan	u/a	M	MV
14	00:40:28	202	Karen	Smith	St Bees Triers	F	F
15	00:40:35	193	Jack	Hood	u/a	M	M
16	00:40:41	179	Sean	Beard	Nene Valley Harriers	M	MV
17	00:40:52	3	Peter	Bonner	Grantham RC	M	MV
18	00:41:01	143	Phillip	Hamlyn	Werrington Joggers	M	MV
19	00:41:06	185	Daniella	Hart	Peterborough AC	F	F
20	00:41:43	83	Billy	Slaven	Werrington Joggers	M	M
21	00:42:06	187	Chris	Orchard	Peterborough AC	M	M
22	00:42:06	23	Dexter	Bole	Nene Valley Harriers	M	M
23	00:42:18	178	Barry	Warne	Nene Valley Harriers	M	MV
24	00:42:21	176	Samuel	Staines	Nene Valley Harriers	M	M
25	00:42:47	218	May	James	Bourne Town Harriers	M	M
26	00:43:09	169	Chris	Ward	Bourne Town Harriers	M	MV
27	00:43:14	12	Peter	Holland	u/a	M	MV
28	00:43:16	141	Stuart	Crosby	Werrington Joggers	M	MV
29	00:43:21	30	Samuel	Jepson-Rivers	Grantham RC	M	M
30	00:43:35	53	Liam	Chapman	u/a	M	M
31	00:43:38	126	Karl	Hick	Midland Masters	M	MV
32	00:43:44	22	Elisabeth	Clough	Peterborough AC	F	FV

33	00:44:13	112	Jeremy	Green	Werrington Joggers	M	MV
34	00:44:28	111	Del	James	Bourne Town Harriers	M	MV
35	00:44:33	61	Sadie	Boor	Werrington Joggers	F	FV
36	00:44:36	34	Jane	Charlesworth	Lincoln Wellington AC	F	FV
37	00:44:43	177	Louise	Alexander	Yaxley R&J	F	FV
38	00:44:44	137	Simon	Hawkswell	Yaxley R&J	M	MV
39	00:45:18	181	Jim	Grant	Stamford Striders	M	MV
40	00:45:20	99	Roy	Young	Eye CR	M	MV
41	00:45:22	139	Marc	Sampson	Werrington Joggers	M	MV
42	00:45:30	147	Rodney	Hall	Werrington Joggers	M	MV
43	00:45:33	170	Frazer	Burlinson	u/a	M	MV
44	00:45:36	115	Paul	Lamb	u/a	M	MV
45	00:45:41	150	Nicole	Coughlin	Three Counties	F	F
46	00:46:25	102	Matt	Edwards	Eye CR	M	M
47	00:46:29	36	Mark	Chiva	u/a	M	MV
48	00:46:34	196	Daniel	Powell	u/a	M	M
49	00:46:36	140	Simon	Gilby	Werrington Joggers	M	MV
50	00:46:53	195	Jeremy	Lamb	u/a	M	M
51	00:46:59	225	Ross	Brown	u/a	M	MV
52	00:47:02	72	Alison	Staines	Nene Valley Harriers	F	FV
53	00:47:29	44	Anthony	Charters	Riverside Runners	M	MV
54	00:47:30	10	Philip	Housden	Biggleswade AC	M	MV
55	00:47:38	223	John	Gilligan	Stamford Striders	M	MV
56	00:47:43	183	Steve	Russell	u/a	M	MV
57	00:47:47	97	Hannah	Knight	Nene Valley Harriers	F	F
58	00:47:54	154	Kevin	Briggs	u/a	M	M
59	00:48:10	48	Shane	Goldsmith	Bushfield Joggers	M	MV
60	00:48:21	105	James	Constable	Eye CR	M	MV
61	00:48:26	201	Januse	Calka	u/a	F	FV
62	00:48:28	8	John	Holland	Stamford Striders	M	MV
63	00:48:30	75	Jim	Davies	u/a	M	MV
64	00:48:38	28	Michael	Gregson	u/a	M	MV
65	00:48:42	39	James	Constable	u/a	M	MV
66	00:48:56	192	Julian	Huckle	Werrington Joggers	M	MV

67	00:49:07	68	Emma	Mallett	Stamford Striders	F	F
68	00:49:10	85	Dale	Denning	u/a	M	M
69	00:49:11	211	Jon	Webb	u/a	M	MV
70	00:49:13	100	Peter	Ridley	Eye CR	M	MV
71	00:49:20	58	Jonathan	Larwood	u/a	M	MV
72	00:49:28	122	Clive	Wilkinson	u/a	M	MV
73	00:49:30	216	Nigel	Aitken	Werrington Joggers	M	MV
74	00:49:36	123	Dave	Greasley	u/a	M	MV
75	00:49:54	127	Simon	Caney	u/a	M	MV
76	00:49:55	79	Emily	Douse	Werrington Joggers	F	F
77	00:50:00	40	Andrew	Mozley	u/a	M	MV
78	00:50:08	144	Rosslyn	Hamlyn	Werrington Joggers	F	FV
79	00:50:11	138	Kathryn	Hawkswell	Yaxley R&J	F	FV
80	00:50:13	49	Graham	Kitchen	Skegness & District	M	MV
81	00:50:18	29	Lisa	Elia	Eye CR	F	FV
82	00:50:24	43	Emma	Rigby	Riverside Runners	F	FV
83	00:50:25	41	Ellie	Sandall	u/a	F	FV
84	00:50:35	125	Nigel	Cronin	Eye CR	M	MV
85	00:50:40	136	Nathan	Elsegood	Ryston Runners	M	M
86	00:50:51	194	Harry	Lamb	u/a	M	M
87	00:51:14	158	Katie	Webb	u/a	F	F
88	00:51:40	117	Keith	Morris	Ryston Runners	M	MV
89	00:51:42	124	Steve	Glencross	Stamford Striders	F	MV
90	00:51:46	217	Jim	Fell	Werrington Joggers	M	MV
91	00:51:48	106	Elaine	McMillan	Eye CR	F	FV
92	00:52:04	32	Paul	Jepson	Grantham RC	M	M
93	00:52:15	35	Dave	Smith	Lincoln Wellington AC	M	MV
94	00:52:20	164	Debbie	Montague	Werrington Joggers	F	FV
95	00:52:22	128	Simon	Wells	u/a	M	M
96	00:52:22	129	Tracey	McLoughlin	u/a	F	FV
97	00:52:31	116	James	Ashby	Ryston Runners	M	MV
98	00:52:34	31	Naomi	Jepson-Rivers	Grantham RC	F	F
99	00:52:36	191	Lainey	Wright	u/a	F	FV
100	00:52:36	200	Graham	McAndrew	u/a	M	MV

101	00:52:38	130	Deirdre	Fee	Werrington Joggers	F	FV
102	00:52:41	180	Mark	Burden	u/a	M	MV
103	00:52:41	213	Kevin	Whitton	u/a	M	MV
104	00:53:07	199	Michael	Ballams	u/a	M	MV
105	00:53:08	69	John	Airey	Eye CR	M	MV
106	00:53:12	145	Steve	Lamb	u/a	M	MV
107	00:53:17	119	Hugo	Lopez	u/a	M	M
108	00:53:20	190	Geoff	Carlin	u/a	M	MV
109	00:53:26	159	Marie	Sampson	u/a	F	FV
110	00:53:27	60	Christopher	Marn	u/a	M	MV
111	00:53:53	78	Robert	Golland	u/a	M	MV
112	00:53:57	54	Meg	Levermore	u/a	F	F
113	00:53:58	51	Lauren	Johnson	u/a	F	F
114	00:54:01	71	Paul	Colton	u/a	M	MV
115	00:54:03	175	John	Combie	Newark AC	M	MV
116	00:54:10	148	Gavin	Knox	u/a	M	M
117	00:54:15	226	Ross	Brown	u/a	M	MV
118	00:54:17	84	Lucie	Denning	u/a	F	F
119	00:54:31	52	Chris	Towers	u/a	M	MV
120	00:54:36	13	Derek	Chapman	u/a	M	MV
121	00:54:40	146	Laura	Evans	u/a	F	FV
122	00:54:42	172	Jeff	Hall	Lincoln Wellington AC	M	MV
123	00:54:42	37	Tim	Waltham	u/a	M	M
124	00:54:44	38	Charlotte	Cole	Yaxley R&J	F	FV
125	00:54:58	151	Les	Henson	Eye CR	M	MV
126	00:55:36	77	Sophie	Golland	u/a	F	F
127	00:55:46	157	Paul	Bishop	u/a	M	MV
128	00:55:55	206	Sarah	Burns	u/a	F	FV
129	00:56:01	120	Ian	Lane	u/a	M	M
130	00:56:07	47	Sara	Matthews	u/a	F	FV
131	00:56:08	155	Ian	Davies	Thorney RC	M	MV
132	00:56:14	4	Nikki	Bridges	u/a	F	F
133	00:56:19	66	Kevin	Bunn	u/a	M	MV
134	00:56:22	5	Ian	Bridges	u/a	M	MV

135	00:56:35	221	Jasmine	Oldfield	Nene Valley Harriers	F	F
136	00:56:39	210	Jim	Sands	u/a	M	MV
137	00:56:49	212	Jim	Finlay	u/a	M	MV
138	00:56:55	98	Danny	Knight	u/a	M	MV
139	00:57:13	50	Adam	Blake	Yaxley R&J	M	MV
140	00:57:16	165	Matt	Wadkin	u/a	M	MV
141	00:57:18	166	Caroline	Matthews	u/a	F	FV
142	00:57:19	56	Nicky	Stockell	u/a	F	FV
143	00:57:20	57	Paul	Stockell	u/a	M	MV
144	00:57:23	173	Craig	Kyson	u/a	M	MV
145	00:57:23	63	Michael	Jackman	Yaxley R&J	M	M
146	00:57:24	133	Mark	Morris	Werrington Joggers	M	MV
147	00:57:28	205	Simon	Crowson	u/a	M	MV
148	00:57:29	90	John	Sandalls	Eye CR	M	MV
149	00:57:31	70	Laura	Colton	u/a	F	FV
150	00:57:36	118	Jason	Martindale	u/a	M	MV
150	00:57:36	118	Jason	Martindale	u/a	M	MV
151	00:57:40	1	Joanne	Sharman	Desborough & Rothwell RC	F	LV
152	00:57:43	182	Paul	Catturall	u/a	M	MV
153	00:57:46	2	Alison	Shepperson	Bushfield Joggers	F	FV
154	00:57:52	220	David	Anton	Werrington Joggers	M	MV
155	00:57:56	9	Stuart	Barnes	Eye CR	M	M
156	00:58:07	76	Stephen	Hirschfeld	u/a	M	MV
157	00:58:16	104	Marlena	Koralewska	Eye CR	F	F
158	00:58:17	95	Paula	Partington	u/a	F	FV
159	00:58:18	101	Denisa	Faragova	Eye CR	F	F
160	00:58:27	96	Julie	Houghton	u/a	F	FV
161	00:59:20	163	Nicollette	Talbot	u/a	F	FV
162	00:59:33	113	Lisa	Staite	u/a	F	FV
163	00:59:40	198	Aimee	Stocker	Spalding Tri Club	F	FV
164	00:59:53	197	William	Diver	Werrington Joggers	M	MV
165	00:59:59	110	Gill	Bates	Eye CR	F	FV
166	01:00:04	204	Gill	Shawley	u/a	F	FV
167	01:00:07	224	Liz	Brown	u/a	F	FV

168	01:00:21	184	Sue	Miller	Eye CR	F	FV
169	01:00:24	208	Claire	McAllister	u/a	F	FV
170	01:00:45	222	Michael	Oldfield	Nene Valley Harriers	M	MV
171	01:01:00	67	Julie	Posnett	u/a	F	FV
172	01:01:58	207	Joni	Russell	u/a	F	FV
173	01:02:18	134	Caroline	Randeria	Stamford Striders	F	FV
174	01:02:30	18	Lisa	Dean	Lincs Ladies	F	FV
175	01:02:30	114	Clare	Teesdale	Boston Community Runners	F	FV
176	01:02:35	20	Clair	Hoile	Lincs Ladies	F	FV
177	01:02:42	17	Nicola	Weston	u/a	F	FV
178	01:02:51	109	Joanna	Sells	Eye CR	F	FV
179	01:03:44	149	Joanne	Butcher	u/a	F	FV
180	01:04:47	162	Ashley	Baxter	u/a	M	MV
181	01:05:25	24	Jacqui	Smith	u/a	F	FV
182	01:05:26	25	Andrew	Smith	Eye CR	M	M
183	01:05:29	46	Vicky	Davis	u/a	F	F
184	01:05:34	45	Sarah	Willis	u/a	F	FV
185	01:05:53	73	Claire	Fritz	Grantham RC	F	FV
186	01:06:01	219	Angela	Brierley	u/a	F	FV
187	01:06:03	19	Cherry	Gray	Lincs Ladies	F	FV
188	01:07:04	11	Margaret	Hayes	Eye CR	F	FV
189	01:07:49	107	Graham	McMillan	Eye CR	M	MV
190	01:08:08	14	Delia	Calder	Stamford Striders	F	FV
191	01:08:20	131	Alan	Gray	Stamford Striders	M	MV
192	01:08:20	64	Alexandra	Platt	Grantham RC	F	F
193	01:08:26	7	Mandy	Holland	Stamford Striders	F	FV
194	01:10:28	86	Denise	Fassler	Werrington Joggers	F	FV
195	01:10:28	161	Paul	Platten	Werrington Joggers	M	MV
196	01:10:49	93	Gillian	Cardus	Grantham RC	F	FV
197	01:10:50	92	Vicki	Geeson	Grantham RC	F	FV
198	01:11:13	209	Carole	Sands	u/a	F	FV
199	01:11:23	91	Heather	Hayes-Bowlzer	u/a	F	F
200	01:11:54	189	Radhika	Patel	u/a	F	F

201	01:11:55	188	Thomas	Kendrick	u/a	M	M
202	01:12:45	186	Sue	Ridley	Eye CR	F	FV
203	01:14:00	160	Donna	Sagaseta	u/a	F	FV
204	01:14:01	135	Martin	Elsegood	Ryston Runners	M	MV
205	01:14:21	214	Rebecca	Cochrane	Bushfield Joggers	F	FV
206	01:18:07	142	Gillian	Holmes	Werrington Joggers	F	FV
207	01:21:33	153	Mandy	Powell	u/a	F	LV
208	01:26:37	82	Joanne	Platten	Werrington Joggers	F	FV
209	01:26:37	81	Claire	Cook	Werrington Joggers	F	F
210	01:27:18	62	Malcolm	Cammack	u/a	M	MV
211	01:30:27	152	Wendy	Benton	Eye CR	F	F
212	01:30:28	215	Charlene	Elliott	Bushfield Joggers	F	FV